

Emotional Vocabulary

PEACEFUL

calm
content
comfortable
satisfied
serene
relaxed
fulfilled
relieved
quiet
carefree
centered
refreshed
free
blissful
expansive
mellow

LOVING

warm
affectionate
open
friendly
compassionate
grateful
kind
touched
passionate
infatuation
radiant
moved
tender
sexy
thankful
appreciative

GLAD

happy
joyful
cheerful
encouraged
delighted
excited
elated
proud
hopeful
confident
optimistic
merry
glorious
ecstatic
exhilarated
wonderful

PLAYFUL

energetic
goofy
thrilled
exuberant
alive
giddy
adventurous
mischievous
effervescent
jubilant
invigorated
amused
impish
silly
electrified
lively

INTERESTED

fascinated
intrigued
curious
engrossed
inquisitive
enthusiastic
eager
astonished
intense
absorbed
focused
inspired
animated
alert
stimulated
surprised

MAD

frustrated
aggravated
disgusted
resentful
angry
grouchy
irritable
hostile
enraged
furious
exasperated
indignation
displeased
mean
bitter
impatient
annoyed

SAD

lonely
disappointed
heavy
sorrowful
unhappy
despondent
disheartened
blue
miserable
dejected
grief
distressed
depressed
discouraged
melancholy
forlorn
brokenhearted

SCARED

afraid
nervous
insecure
worried
fearful
helpless
vulnerable
concerned
anxious
terrified
shocked
horrified
wary
frightened
alarmed
dread
powerless

TIRED

fatigued
indifferent
lethargic
hopeless
exhausted
withdrawn
apathetic
disinterested
sleepy
dull
bored
reluctant
distant
detached
weary
pessimistic
fidgety

CONFUSED

torn
uncomfortable
hesitant
troubled
disturbed
suspicious
restless
perplex
uneasy
puzzled
embarrassed
unsteady
skeptical
overwhelmed
hurt
surprised
dismayed

